



North Yorkshire
Music Therapy Centre

Kyra in Music - Vibe project

Finding community through music

Join us in group music therapy sessions.

Twelve free sessions will provide the opportunity to express and explore feelings and emotions through playing and listening to music with others in a supportive environment.

WHEN & WHERE?

From the 13 October 2020,
Tuesdays weekly sessions at 6.00pm
On zoom

HOW TO BOOK

Visit www.music-therapy.org.uk, or
email us to book your place.



PETER
SOWERBY
FOUNDATION



enquiries@music-therapy.org.uk
www.music-therapy.org.uk
Call us on: 01653 628 725