



North Yorkshire
Music Therapy Centre

Musical Meetings

Music Therapy Sessions for the Elderly and Carers

Join our zoom group music therapy sessions for the elderly and carers. Sessions will provide the opportunity to listen and sing along to your favourite songs.

Sessions are Dementia friendly and will offer a safe and supportive space for fun, relaxation and self-expression.

WHEN & WHERE?

From the 16 September 2021,
Thursdays weekly sessions at
11.00am

Zoom link available

HOW TO BOOK

For the zoom link,
please contact us at

enquiries@music-therapy.org.uk



Project funded by



enquiries@music-therapy.org.uk

www.music-therapy.org.uk

Call us on: 01653 628 725